

# ALLERGEN GUIDE

## FOR USE IN IRELAND LOCATIONS ONLY

	NUTS	PEANUTS	SESAME SEEDS	MILK	EGG	LUPIN	SOYA	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEANS	CELERY	MOLLUSCS	SULPHUR DIOXIDE AND SULPHITES	MUSTARD
<b>MEAT</b>														
Bacon				1			1							
Beef burger Patty				1			1							
Hot Dog				1			✓							
<b>BUN</b>														
Burger Bun			✓	✓	✓		✓	✓ WHEAT						
Hot Dog Bun			2	✓	✓		✓	✓ WHEAT						
<b>FRIES</b>														
Fries - COOKED IN PEANUT OIL		✓									1			
Cajun Seasoning											✓			
<b>TOPPINGS</b>														
BBQ Sauce														✓
Cheese				✓			1							
Green Peppers														
Grilled Mushrooms			1	1	1		1	1						
Hot Sauce														
HP Brown Sauce								✓ RYE, BARLEY						
Jalapeno Peppers														
Tomato Ketchup											✓			
Lettuce														
Mayonnaise					✓									✓
Mustard														✓
Onions														
Grilled Onions			1	1	1		1	1						
Pickles														✓
Relish														
Tomatoes														
<b>MILKSHAKES</b>														
Five Guys Milk Shake Base		1		✓			1	1						
Whipped cream		1		✓			1	1						
Banana		1		1			1	1						
Chocolate		1		✓			✓	1						
Cherry		1		1			1	1						
Coffee		1		1			1	1						
Malted Milk		1		✓			1	✓ WHEAT, BARLEY						
Oreo® Cookie Pieces		1		1			✓	✓ WHEAT						
Peanut Butter		✓		1			1	1						
Salted Caramel		1		✓			2	1						
Strawberry		1		1			1	1						
Vanilla Syrup		1		1			1	1						
<b>OTHER ITEMS</b>														
Bulk Peanuts without shell		✓												
Malt Vinegar								✓ BARLEY						
<b>DRINKS (FREESTYLE AND BOTTLED) - Please Ask to Check the Freestyle Machine Screen and/or the Bottle Label</b>														

✓ Contains this allergen.

1 Not suitable for this allergen sufferers due to preparation and/or cooking methods used.

2 Not suitable for this allergen sufferers due to manufacturing methods.

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Five Guys Holdings, Inc. makes every attempt to identify ingredients which may cause allergic reactions for those with food allergies. Every effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is a possibility that manufacturers of foods we use could change the formulation at any time, without notice. There is also a risk of cross contamination due to the nature of our ingredients. Customers concerned with food allergies need to be aware of this risk. Five Guys International will not assume any liability for adverse reactions to foods consumed, or items one may come into contact with while eating at any Five Guys restaurant.

## INGREDIENTS GUIDE FOR USE IN IRELAND LOCATIONS ONLY

<b>MEAT</b>	
Bacon	Pork, acidity regulator: Sodium Lactate, Salt, Sugar, stabilisers: Triphosphates, antioxidant: Sodium Isoascorbate, preservative: Sodium Nitrite
Beef Burger Patty	Ground Beef
Hot Dog	Beef, Water, Salt, Spices, Spice extracts, stabilisers: Disodium Dihydrogen Diphosphate, Sodium Acetate; Glucose syrup, Dextrose, Seasoning, antioxidant: Ascorbic acid, preservative: Sodium Nitrate <b>SOY</b> protein, Beech wood smoke
<b>BUN</b>	
Burger Bun	Our bread is a proprietary recipe. The primary ingredients are: <b>WHEAT</b> flour, Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS</b> , <b>SESAME</b> seeds, Salt, <b>SOYA</b> flour, acidity regulator: Calcium Carbonate, Spirit vinegar
Hot Dog Bun	Our bread is a proprietary recipe. The primary ingredients are: <b>WHEAT</b> flour, Water, Sugar, Vegetable fats, <b>MILK</b> , Dry yeast, <b>EGGS</b> , Salt, <b>SOYA</b> flour, acidity regulator: Calcium Carbonate, Spirit vinegar. May contain <b>SESAME</b> seeds
<b>FRIES</b>	
Fries - Cooked in <b>PEANUT</b> Oil	Potatoes, <b>PEANUT</b> oil, Salt
Cajun Seasoning	Garlic, Salt, Onion, Paprika, Oregano, White Pepper, Cayenne Pepper, <b>CELERY</b> Seeds, Rapeseed Oil
<b>TOPPING</b>	
BBQ Sauce	Distilled Vinegar, Sugar, Tomato Paste, Water, Molasses, Salt, <b>MUSTARD</b> Bran, Tamarind Extract, Smoke Flavoring, Preservative: Sodium Benzoate, Spices, Garlic Powder, Onion Powder
Cheese	Cheddar cheese ( <b>MILK</b> ), Water, Butter ( <b>MILK</b> ), Cheese ( <b>MILK</b> ), <b>MILK</b> Protein, Whey Powder ( <b>MILK</b> ), Emulsifying Salt (Trisodium Citrate), Natural Cheese Flavour ( <b>MILK</b> ), Salt, Acid Regulator (Lactic Acid) Preservative (Sorbic Acid), Colours (Beta-carotene, Paprika Extract), Anticaking Agent (Sunflower Lecithin)
Green Peppers	Green Peppers
Grilled Mushrooms	Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid
Hot Sauce	Cayenne Red Peppers, Distilled Vinegar, Water, Salt, Garlic powder
HP Brown Sauce	Tomatoes, Malt vinegar ( <b>BARLEY</b> ), Molasses, Glucose-fructose syrup, Spirit vinegar, Sugar, Dates, Corn flour, <b>RYE</b> flour, Salt, Spices, Flavours, Tamarind
Jalapeno Peppers	Jalapeno Peppers
Tomato Ketchup	Tomatoes, Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts ( <b>CELERY</b> )
Lettuce	Lettuce
Mustard	Spirit Vinegar, Water, <b>MUSTARD</b> Seed, Salt, Turmeric, Paprika, Spice, Flavoring, Garlic Powder
Onions	Onions
Pickles	Cucumbers, Water, Spirit vinegar, Salt, firming agent: Calcium Chloride, preservative Sodium Benzoate, Dill Flavoring and other flavorings ( <b>MUSTARD</b> ), emulsifier: Gum Arabic
Relish	Gherkin, Sugar, Spirit Vinegar, Water, Salt, Flavorings, stabiliser: Xanthan Gum
Tomatoes	Tomatoes
<b>MILKSHAKES</b>	
Five Guys Milk Shake Base	Reconstituted Skimmed <b>MILK</b> , Cream ( <b>MILK</b> ), Sugar, Water, Dextrose, <b>MILK</b> Solids, Emulsifiers: Mono and diglycerides of fatty acids, Propylene glycol esters of fatty acids, stabilisers: Carrageenan, Guar Gum, Cellulose Gum, Natural Flavoring
Whipped cream	Cream ( <b>MILK</b> ), propellants: N2O, N2, emulsifier: Mono and Diglycerides, stabiliser: Carrageenan
Banana	Bananas, Salt, Sugar, Water, Natural Flavoring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Chocolate	Sugar, Water, Cocoa Processed with Alkali, Unsweetened Chocolate, Extracts of Oregano, Flaxseed, and Plum (to preserve freshness), <b>SOY</b> Lecithin, Glucose Syrup, Plain Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Natural Vanilla Flavoring, Fat Reduced Cocoa Powder, stabiliser: Modified Waxy Maize Starch, Sweetened Condensed Skimmed <b>MILK</b> , Butter ( <b>MILK</b> ), Emulsifier: Hydroxypropylmethylcellulose, Natural Flavoring, preservative: Potassium Sorbate.
Cherry	Cherries, Sugar, Water, Glucose syrup, Sour Cherry Juice, coloring: Anthocyanins, acidity regulator: Citric Acid, Flavorings
Coffee	Coffee, Water
Malted Milk	<b>WHEAT</b> flour (Containing Calcium Carbonate, Ferric Pyrophosphate, Niacin and Vitamin B1), Malted <b>BARLEY</b> , Dried Skimmed <b>MILK</b> , Dried Whey ( <b>MILK</b> ), Sugar, <b>MILK</b> proteins, Calcium Carbonate, Palm oil, Salt, Vitamins (C, Niacin, E, Panthothenic Acid, B6, B2, B1, Folic Acid, A, Biotin, D, B12)
Oreo® Cookie Pieces	<b>WHEAT</b> Flour, Sugar, Palm oil, Fat Reduced Cocoa Powder, <b>WHEAT</b> Starch Glucose-Fructose syrup, Raising Agents: Potassium Hydrogen Carbonate, Ammonium Hydrogen Carbonate, Sodium Hydrogen Carbonate, Sodium Hydrogen Carbonate, Salt, Emulsifiers: <b>SOYA</b> Lecithin, Sunflower Lecithin, Flavouring, vanillin
Peanut Butter	Dry Roasted <b>PEANUTS</b> , Sugar, <b>PEANUT</b> Oil, and Salt
Salted Caramel	Corn syrup, Water, High fructose corn syrup, Sugar, Non-fat <b>MILK</b> , Heavy cream ( <b>MILK</b> ), Salt, natural flavor, Fecin, Disodium Phosphate. May contain, <b>SOY</b> .
Strawberry	Strawberry, Lemon Juice, Sugar, Pepper, Salt, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Vanilla Syrup	Sugar, Water, Natural Flavor, Vanilla Extracts, Concentrated Lemon Juice, Preservative: E202
<b>OTHER ITEMS</b>	
Bulk Peanuts without shell	<b>PEANUTS</b> , Salt
Malt Vinegar	<b>BARLEY</b> Malt Vinegar, <b>BARLEY</b> Malt Extract
<b>DRINKS (FREESTYLE AND BOTTLED)</b>	
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