

INGREDIENTS GUIDE FOR USE IN IRELAND LOCATIONS ONLY

MEAT	
Bacon	Pork, acidity regulator: Sodium Lactate, Salt, Sugar, stabilisers: Triphosphates, antioxidant: Sodium Izoascorbate, preservative: Sodium Nitrite
Beef Burger Patty	Ground Beef
Hot Dog	Beef, Water, Salt, Spices, Spice extracts, stabilisers: Disodium Dihydrogen Diphosphate, Sodium Acetate; Glucose syrup, Dextrose, Seasoning, antioxidant: Ascorbic acid, preservative: Sodium Nitrate, SOY protein, Beech wood smoke
BUN	
Burger Bun	Our bread is a proprietary recipe. The primary ingredients are: WHEAT flour, Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , SESAME seeds, Salt, SOYA flour, acidity regulator: Calcium Carbonate, Spirit vinegar
Hot Dog Bun	Our bread is a proprietary recipe. The primary ingredients are: WHEAT flour, Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , Salt, SOYA flour, acidity regulator: Calcium Carbonate, Spirit vinegar. May contain SESAME seeds
FRIES	
Fries - Cooked in PEANUT Oil	Potatoes, PEANUT oil, Salt
Cajun Seasoning	Garlic, Salt, Onion, Paprika, Oregano, White Pepper, Cayenne Pepper, CELERY Seeds, Rapeseed Oil
TOPPINGS	
BBQ Sauce	Distilled Vinegar, Sugar, Tomato Paste, Water, Molasses, Salt, MUSTARD Bran, Tamarind Extract, Smoke Flavoring, Preservative: Sodium Benzoate, Spices, Garlic Powder, Onion Powder
Cheese	Cheddar cheese (MILK) , Water, Butter (MILK), Cheese (MILK), MILK Protein, Whey Powder (MILK), Emulsifying Salt (Trisodium Citrate), Natural Cheese Flavour (MILK), Salt, Acid Regulator (Lactic Acid) Preservative (Sorbic Acid), Colours (Beta-carotene, Paprika Extract), Anticaking Agent (Sunflower Lecithin)
Green Peppers	Green Peppers
Grilled Mushrooms	Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid.
Hot Sauce	Cayenne Red Peppers, Distilled Vinegar, Water, Salt, Garlic powder
HP Brown Sauce	Tomatoes, Malt vinegar (BARLEY), Molasses, Glucose-fructose syrup, Spirit vinegar, Sugar, Dates, Corn flour, RYE flour, Salt, Spices, Flavourings, Tamarind
Jalapeno Peppers	Jalapeno Peppers
Tomato Ketchup	Tomatoes, Spirit Vinegar, Sugar, Salt, Spice and Herb Extracts (CELERY)
Lettuce	Lettuce
Mayonnaise	Rapeseed Oil, EGG yolk, Spirit Vinegar, Sugar, Apple Cider Vinegar, Salt, Ground MUSTARD Seeds, Antioxidant (Calcium Disodium EDTA), Spice
Mustard	Spirit Vinegar, Water, MUSTARD Seed, Salt, Turmeric, Paprika, Spice, Flavoring, Garlic Powder
Onions	Onions
Pickles	Gherkins, Water, Spirit Vinegar, Salt, Firming Agent: Calcium Chloride, Acid: Lactic Acid, Preservative: Sodium Benzoate, Natural Dill Flavouring, Colour: Riboflavin
Relish	Gherkin, Sugar, Spirit Vinegar, Water, Salt, Flavorings, stabiliser: Xanthan Gum
Tomatoes	Tomatoes
MILKSHAKES	
Five Guys Milkshake Base	Reconstituted Skimmed MILK , Cream (MILK), Sugar, Water, Dextrose, MILK Solids, Emulsifiers: Mono and diglycerides of fatty acids, Propyleneglycol esters of fatty acids, stabilisers: Carrageenan, Guar Gum, Cellulose Gum, Natural Flavoring
Whipped Cream	Cream (MILK); propellants: N2O, N2; emulsifier: Mono-and Diglycerides; stabiliser: Carrageenan
Banana	Bananas, Salt, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Strawberry	Strawberry, Sugar, Pepper, Salt, Sugar, Water, Natural Flavouring, Preservative (Potassium Sorbate), Acidity regulator (Citric Acid)
Chocolate	Glucose Syrup, Sugar, Water, Humectant (Glycerol), Chocolate (7%) (Cocoa Mass, Sugar, Dextrose, Emulsifier(SOYA Lecithins)) , Fat Reduced Cocoa Powder, Cocoa Extract, Preservative (Potassium Sorbate), Emulsifier (SOYA Lecithins), Natural flavourings, Colour (Plain Caramel)
Peanut Butter	Roasted PEANUTS , PEANUT Oil, Sugar, Sea Salt
Salted Caramel	Glucose Syrup, Sugar, Water, Double Cream (MILK), Skimmed MILK Powder, Sea Salt, Acidity Regulator (Disodium Phosphate), Thickener (Pectin), Natural Flavouring
Oreo® Cookie Pieces	WHEAT Flour, Sugar, Palm oil, Fat Reduced Cocoa Powder, WHEAT Starch Glucose-Fructose syrup, Raising Agents: Potassium Hydrogen Carbonate, Ammonium Hydrogen Carbonate, Sodium Hydrogen Carbonate, Salt, Emulsifiers: SOYA Lecithin, Sunflower Lecithin, Flavoring: Vanillin
Lotus Biscoff® Cookie Crumbles	WHEAT flour, sugar, vegetable oils (palm, rapeseed), candy sugar syrup, raising agent (sodium hydrogen carbonate), salt, cinnamon
Mango	Mango Puree (50 %), Water, Sugar, Acidity Regulators (Citric Acid, Ascorbic Acid), Natural Flavourings
Cinnamon Bun	Cinnamon Flavoured Sauce: Sugar, Water, Sweetened Condensed skimmed MILK (MILK, Sugar), Glucose Syrup, Butter (MILK), Natural Flavouring, Cornflour, Burnt Sugar, Ground Cinnamon, Acidity Regulator, Lactid Acid, Salt, Preservative: Potassium Sorbate (E202) Lotus Biscoff: WHEAT , Flour, vegetable oils (palm oil from sustainable and certified plantations, rapeseed oil), Candy sugar syrup, raising agent (sodium hydrogen carbonate), SOYA flour, salt, cinnamon.
OTHER ITEMS	
Veggie Sandwich	Bun: WHEAT flour (GLUTEN), Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , GLUTEN , SESAME seeds, Salt, SOYA flour acidity regulator Calcium Carbonate, Spirit vinegar. Toppings: Tomato, Grilled Onions, Grilled Mushrooms (Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid), Lettuce, Green Peppers.
Cheese Veggie Sandwich	Bun: WHEAT flour (GLUTEN), Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , GLUTEN , SESAME seeds, Salt, SOYA flour acidity regulator Calcium Carbonate, Spirit vinegar. Toppings: Tomato, Grilled Onions, Grilled Mushrooms (Mushrooms, Water, Sugar, Salt, acidity regulators: Citric acid, Ascorbic acid), Lettuce, Green Peppers. Cheese: Cheddar Cheese (MILK), Water, Butter (MILK), Cheese (MILK), MILK Proteins, Whey powder (MILK), Emulsifying Salt (Trisodium Citrate), Natural Cheese flavouring (MILK), Salt, acidity regulator: Lactic acid, preservative: Sorbic acid, Colours: Beta-carotene, Paprika extract, anticaking agent: Lecithin.
Grilled Cheese	Bun: WHEAT flour (GLUTEN), Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , GLUTEN , SESAME seeds, Salt, SOYA flour acidity regulator Calcium Carbonate, Spirit vinegar. Cheese: Cheddar Cheese (MILK), Water, Butter (MILK), Cheese (MILK), MILK Proteins, Whey powder (MILK), Emulsifying Salt (Trisodium Citrate), Natural Cheese flavouring (MILK), Salt, acidity regulator: Lactic acid, preservative: Sorbic acid, Colours: Beta-carotene, Paprika extract, anticaking agent. Mayonnaise: Rapeseed oil, EGG yolk, spirit vinegar, sugar, apple cider vinegar, salt, ground MUSTARD seeds, antioxidant (calcium disodium EDTA), spice.
BLT	Bun: WHEAT flour (GLUTEN), Water, Sugar, Vegetable fats, MILK , Dry yeast, EGGS , GLUTEN , SESAME seeds, Salt, SOYA flour acidity regulator Calcium Carbonate, Spirit vinegar. Toppings: Tomato, Lettuce. Bacon: Pork, acidity regulator: Sodium Lactate, Salt, Sugar, stabilisers: Triphosphates, antioxidant: Sodium Izoascorbate, preservative: Sodium Nitrite. Mayonnaise: Rapeseed oil, EGG yolk, spirit vinegar, sugar, apple cider vinegar, salt, ground MUSTARD seeds, antioxidant (calcium disodium EDTA), spice.
Bulk Peanuts without shell	PEANUTS , Salt
Malt Vinegar	BARLEY Malt Vinegar, BARLEY Malt Extract
DRINKS (FREESTYLE AND BOTTLED) - Please Ask to Check the Freestyle Machine Screen and/or the Bottle Label	

Five Guys Holdings, Inc. makes every attempt to identify ingredients which may cause allergic reactions for those with food allergies. Every effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. There is a possibility that manufacturers of foods we use could change the formulation at any time, without notice. There is also a risk of cross contamination due to the nature of our ingredients. Customers concerned with food allergies need to be aware of this risk. Five Guys International will not assume any liability for adverse reactions to foods consumed, or items one may come into contact with while eating at any Five Guys restaurant.

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